# Thompson Chiropractic Thompson-629 Camino de los Mares, Suite 104 \* San Clemente, CA 92673 \* Ph (949) 240-1334 Fax (949) 240-4434

Thompson-chiro.com

Nama	Photo ID
Name	Date of Dirth Sex: M / F
Address State Zip Code Phone () SSN: Primary Language	Coll Phone (
SSN: Primary Language	Other Phone ( )
Email	M S D W # of children
Email Employer	Dhone (
Address City	State 7in Code
Spouse Name Employe	City
Spouse Name Employe Primary Care Doctor	Phone ( )
MARK AN X ON THE PICTURE WHERE YOU HAVE PAIN	OR OTHER SYMPTOMS:
Describe your current problem and how it began	(check all that apply):
Headache Neck Pain Mid-Back Pain	Low Back Pain
Other:	\r' ->
Is this problem: Work Related Auto Related	N/A /-\ . \( \)
Date Problem Began	//\ \\\
How Problem Began	
How You Feel Today:	•
0 1 2 3 4 5 6 7	
No Pain	Unbearable Pain (`\( )
How often are your symptoms present?	)
(Occasional)-0-25% 26-50% 51-75%	76-100%-(Constant)
In the past week, how much has your pain interfeactivities, chores)	red with your daily activities? (i.e.: work, social
0 1 2 3 4 5 6 7	8 9 10
No interference	Unable to carry on any activities
HAVE YOU HAD X-RAYS, MRI, CT SCAN FOR YO	OUR AREA(S) OF COMPLAINT? Y N
Date(s) Taken What areas were taken? _	
Please check all of the following that apply to you	
Alcohol/Drug dependency	Prostate Problems
Recent Fever	Menstrual Problems
	Urinary Problems
High Blood Pressure	Currently Pregnant, # of weeks
	Abnormal Weight Gain/Loss
	Marked Morning Pain/Stiffness
Birth Control Pills	Pain Unrelieved by Position or Rest
	Visual Disturbances
Numbness in groin/buttocks	Surgeries
Cancer/Tumor (explain) Osteoporosis	Tobacco Use/Type/day
Osteoporosis Epilepsy/Seizures	Modications / day
Other Health Problems (explain)	Medications
Other freatth Froblems (explain)	
Family History (please check all that apply): Cance Heart Problems/Stroke Rheumatoid Arthrit	er Diabetes High Blood Pressure is
I certify to the best of my knowledge, the above informati information is not accurate, or if I am not eligible to recei understand that I am liable for all charges for services rerimmediately whenever I have changes in my health condi understand that my chiropractor may need to contact my managed. Therefore, I give authorization to my chiropractor	ve a health care benefit through this provider, I ndered and I agree to notify this doctor tion or heal plan coverage in the future. I physician if my condition needs to be co-
Patient Signature	Date

# Thompson Chiropractic Thompson-chiro.com 629 Camino de los Mares, Suite 104 ° San Clemente, CA 92673 ° Ph (949) 240-1334 Fax (949) 240-4434 How were you referred to our office? Do you have secondary insurance? Yes Name: I understand and agree that health insurance policies are an arrangement between my insurance carrier and me. I understand that this office will prepare initial billings to assist me in making collection from my insurance company and that any amount authorized will be credited to my account upon receipt. I clearly understand that I am responsible for payment for all services rendered to me. I also understand that if I terminate my care, any professional fees for services rendered will become due and payable immediately. Patient or Guardian's Signature X \_\_\_\_\_\_ Date: Please provide a copy of your insurance card and completed form to the receptionist (PPO, HMO, Medicare, personal injury, car insurance info, etc.) PATIENT CONSENT FORM FOR CHIROPRACTIC CARE I hereby request and consent to the performance of chiropractic adjustments and other chiropractic procedures, including various modes of physical therapy and diagnostic x-rays, on me, or on the patient named below for whom I am legally responsible, at Thompson Chiropractic. I understand that, as in the practice of medicine, in the practice of chiropractic there are some risks to treatment, including, but not limited to, fractures, disc injuries, strokes, dislocations and sprains. I do not expect the doctor to be able to anticipate and explain all risks and complications. I wish to rely on the doctor to exercise judgment during the course of the procedure which the doctor feels at the time, based on the facts then known, is in my best interest. I have read, or have had read to me, the above consent. By signing below, I agree to the above-named procedures. I intend this consent form to cover the entire course of treatment for my present condition and for any future conditions for which I seek treatment at this office. Patient's Name (please print) Date Patient's Signature (or guardian if patient is a minor) **RELEASE OF MEDICAL INFORMATION**

You are hereby authorized and requested to furnish to **Thompson Chiropractic** all medical information, history, records, diagnosis or x-rays in your possession concerning the undersigned to:

#### THOMPSON CHIROPRACTIC

info@thompson-chiro.com 629 Camino de los Mares, Suite #104 San Clemente, CA 92673

Patient	Signature
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629 Camino de los Mares, Suite 104 \* San Clemente, CA 92673 \* Ph (949) 240-1334 Fax (949) 240-4434

PATIENT NAME

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. ... 

are statements.

**....** 

#### **CALIFORNIA ARBITRATION AGREEMENT**

Article 1: Agreement to Arbitrate: It is understood that any dispute as to medical malpractice, that is as to whether any medical services randered under this contract were unnecessary or drauthorized or were improperty, negligently or incompetently randered, will be determined by submission to arbitration as provided by state and federal law, and not by a lawsuit or respond to count process except as state and federal law provides for judicial review of arbitration proceedings. Both parties to this contract, by antening into it, are giving up their constitutional right to have any such dispute decided in a court of law before a jury, and instead are accepting. the use of arbitration.

Article 2: All Claims Must be Arbitrated: It is also understood that any dispute that does not relate to medical majoractice, including disputes as to whether or not a dispute is subject to arbitration, will also be determined by submission to binding erbitation. It is the intention of the parties that this agreement bind all parties as to all claims, including claims arising out of or relating to treatment or services provided by the health care provider including any heirs or past, present or future spouse(s) of the patient in relation to all claims, including loss of consortium. This agreement is also intended to bind any children of the patient whether born or unborn at the time of the occurrence giving iles to any claim. This agreement is intended to third the patient and the lisalth care provider and/or other licensed health care providers or preceptorship interns who now or in the future freat the patient while employed by, working or associated with or serving as a back-up for the health care provider, including those working at the health care provider's clinic of office or any other clinic or office whether signatories to this form or not.

All claims for monetary damages exceeding the jurisdictional limit of the small claims count against the health care provider, and/or the health care provider's associates; association, corporation, partnership, employees, agents and estate; must be arbitrated including, without limitation, claims for loss of consortium, wrongful death, emotional distress; injurictive relief, or punitive damages;

Article 3: Procedures and Applicable Law: A demand for arbitration must be communicated in writing to all parties. Each party shall select an arbitrator (party arbitrator) within thirty days and a third arbitrator (neutral arbitrator) shall be selected by the arbitrators appointed by the parties within thirty days thereafter. The neutral arbitrator shall from be the sole arbitrator and shall decide the arbitration. Each party to the arbitration shall pay such party's pro rate share of the expenses and fees of the neutral arbitrator, together with other expenses of the arbitration incurred or approved by the neutral arbitrator, not including coursel fees, witness fees, or other expenses incomed by a party for such party's own benefit.

Either party shall have the absolute right to bifurcate the issues of liability and damage upon written request to the neutral arbitrator. The parties consent to the intervention and joinder in this arbitration of any person or entity that would otherwise be a proper additional party in a court action, and upon such intervention and joinder any existing court action against such additional person or entity shall be stayed pending arbitration.

The parties agree that provisions of the California Medical Injury Compensation Reform Act shall apply to disputes within this arbitration agreement, including, but not limited to, sections establishing the right to introduce evidence of any amount payable as a benefit to the pattern as allowed by law (Civil Code 3333.1), the limitation on recovery for non-economic losses (Civil Code 3333.2), and the right to have a judgment for future damages conformed to periodic payments (COP 667.7). The parties further agree that this Commencial Arbitration Rules of the American Arbitration Association shall govern any arbitration conducted pursuant to this Athitation Agreement

Article 4: General Provision: All ciaims based upon the same incident, transaction or ratated circumstances shall be arbitrated in one proceeding. A claim shall be waited and forever barred if (1) on the date notice thereof is received, the claim, it isserted in a civil siction, would be barred by the applicable legal statute of limitations, or (2) the claimant falls to pursue the arbitration didn't in excondence with the procedures prescribed herein with reasonable difference.

Article 5: Revocation: Trils agreement may be revoked by written notice delivered to the health care provider within 30 days of signature and if not revoked will govern all professional services received by the patient and all other disputes between the parties.

Article & Retroactive Effect. If patient intends this agreement to obver services rendered before the date it is signed (for example; emergency treatment) petient should initial here. \_\_\_\_\_. Effective as the date of first professional services.

If any provision of this Arbitration Agreement is held invalid or unenforceable; the remaining provisions shall remain in tall tome and stial not be affected by the invalidity of any other provision. I understand that I have the right to receive a copy of this Arbitration Agreement. By my signature below, I acknowledge that I have received a copy.

NOTICE: BY SIGNING THIS CONTRACT YOU ARE AGREEING TO HAVE ANY ISSUE OF MEDICAL MALPRACTICE DECIDED BY NEUTRAL ARBITRATION AND YOU ARE GIVING UP YOUR RIGHT TO A JURY OR COURT TRIAL. SEE ARTICLE 1 OF THIS CONTRACT.

	PATIENT SIGNATURE		
_	(Or Patient Representative)		(Indicate relationship if signing for patient)
	OFFICE SIGNATURE	X	

#### HIPAA HAPPENINGS

Our office is subject to State and Federal laws regarding the confidentiality of your health care information. We will assure our adherence to those laws and we This notice describes how your health information may be used and how you can gain access to this information. Please raview it carefully,

want you to understand our procedures and your rights as a valued patient.

Your health information will be communicated only for the purpose of conducting health care business and obtaining payment for services. Be assured that without your written permission, your health information will not be used for any other purpose.

possible. This may include administrative and clinical procedure designed to optimize scheduling and coordination between you and all office personnel. In addition with referring physicians, clinical pathology isbonstonel, or other health professionals providing you services. Health care information may be included with an invoice for this purpose of collecting payment for services provided you in this office. We may do this with insurance forms filed for you by mail or electronically. We will make every effort to work with companies provided you in this office. We may do this with insurance forms filed for you by mail or electronically. How Your Health Information May Be Used to Provide Treatment-Within our office, your health information will be used to provide you the best care and services

programs for students, interns, and associates, as well as business and clinical employees. It is possible that your health information will be disclosed during audits by insurance companies or government appointed agencies as a part of their quality assurance and compliance reviews. Your health information may be reviewed during the routins process of certification, licensing, and re-credentiating activities. To Conduct Health Care Operations-Your health information may be used during performance evaluations of our staff. Some of our best heaching opportunities use clinical aftertions experienced by patients receiving care in our office. As a result, your health information may be included in the training

(unless you tell us that you prefer not to receive reminders.) In Pedient Reminders-Because we believe regular care is very important to your general health, we will remind you of a scheduled eppointment or that it is that for you to contact us and make an appointment. Additionally, we may contact you to your care and inform you of treatment options or services that may be of theirsest to you or members of your family. These communications are an important part of our philosophy of partnering with our patients to be sure may be of their actions and the best care chinostactic can provide. They may include posterate, newsletters, ifyers, and telephone or electronic reminders such as e-mail whey receive the provide.

investigation related to public health and/or national security. Public Health and National Security-We may be required to disclose to Federal officials or military authorities health information necessary to complete an

For Law Enforcement-As permitted or required by state or Federal law, we may disclose your health information to proper authorities for the purpose of law enforcement including, under carbain circumstances, if you are a victim of a crime or in order to report a suspected crime.

want, we will use our very best judgment when sharing your health information with anyone participating in your care. Advancing health histories of health histories of histories of price and spring from the outcomes of health histories of price participations of an institutional Review Board.

Under the ethical guidence requirements and approval of an institutional Review Board. payment. We will be certain to obtain your permission prior to sharing your information. In the event of an emergency, if you are unable to tell us what you Family, Friends and Caregivers-We may share your information with those you tell us will be assisting you with your home hygiene, care, treatment or

hesith information other than with your written authrorization. You may revoke that authorization in writing at any time. Authorization to Use or Disclose Health Information-Other than as stated above or where Federal, State, or Local law requires us we still not disclose your

effort to honor ressonable restriction preferences from our patients. Patient Pights-This law is careful to describe that you have the following rights related to your health information. Be assured that our office will make every

your request. your health information privately or without other family members present or through sealed mail communication. We will make all ressonable effort to honor Confidential Communications-You have the right to request that we communicate with you in a specific way. You may request that we only communicate

Inspect and Copy Your Health Information-You have the right to read, review and copy your health information, including your complete chart, x-rays and billing records. If you would like a copy of your health information, please let us know. We may need to charge you a reasonable fee to duplicate and assemble

Amend Your Health Information-You have the right to sak us to update or modify your records if you believe your health information is incorrect or incomplete.
We will be happy to accommodate you as long as our office maintains this information. In order to standardize our process, please provide us with your request in order to standardize our process, please provide us with your request in order to standardize our process, please provide us with your request may be denied if the health information record in question is not a part of our records, or if the records have been sealed and/or delivered to any authority for review.

Decumentation of Health information-You have the right to request from us a description of how and where your health information was used by our office for mose other than for treatment, or health care operations. Our documentation procedures will enable us to provide information on your health information usage from April 14, 2003 and forward. Please let us know in writing the time period for which you are interested. We will greatly appreciate your request for more than six years at a time. We may need to charge you a reasonable fee for your request.

Request a Paper Copy of this Notice-You have the right to request and obtain a copy of the Notice of Privacy Practices directly from our office at any time. Just let us know of your request. We are required by law to maintain the privacy of your health information and to provide to you and your representative this Notice of our Privacy Practices. We are required to practice the policies and procedures described in this notice but we do reserve the right to change the terms of our notice. Patients would be notified of any such changes.

You have the right to express concerns or complaints to us or the Secretary of Health and Human Services if you believe your privacy rights have been compromised. We encourage you to express in writing any concerns you may have regarding the privacy of your health information.

would appreciate your acknowledging by signature that you have received, thoroughly reviewed, and understand this policy. Thank you very much for taking the time to review how we are carefully using your health information. If you have question, please let us know. If not, we Patient Acknowledgment

Thompson Chiropractic 629 Camino de los Mares Suite 104 San Clemente, CA 92673

# Electronic Health Records Intake Form

In compliance with require	ements for the government EHR incentive program
First Name:	Last Name:
Email address:@@	
Preferred method of communication for pat	tient reminders (Circle one): Email / Phone / Mail
DOB:// Gender (Circle one):	Male / Female Preferred Language:
Smoking Status (Circle one): Every Day Smok	ker / Occasional Smoker / Former Smoker / Never Smoked
CMS requires providers to report both race ar	nd ethnicity
	a Native / Asian / Black or African American / White (Caucasian) c Islander / Other / I Decline to Answer
Ethnicity (Circle one): Hispanic or Latino / No	ot Hispanic or Latino / I Decline to Answer
Are you currently taking any medications? (I	Please include regularly used over the counter medications)
Medication Name	Dosage and Frequency (i.e. 5mg once a day, etc.)
Do you have any medication allergies?	
Medication Name Reaction	Onset Date Additional Comments
☐ I choose to decline receipt of my clinical series of the nature and frequency of chiro	summary after every visit (These summaries are often blank as a opractic care.)
Patient Signature:	Date:
For office use only	
Height: Weight:_	Blood Pressure:/

# **Neck Index**

Form N1-100

rov 3/27/2003

Patient Name	•	-				,	
Patient Name			ī	 -	Date		

This questionnaire will give your provider information about how your neck condition affects your everyday life. Please answer every section by marking the one statement that applies to you. If two or more statements in one section apply, please mark the one statement that most closely describes your problem.

#### Pain Intensity

- (I) I have no pain at the moment.
- The pain is very mild at the moment.
- ② The pain comes and goes and is moderate.
- 3 The pain is fairly severe at the moment.
- The pain is very severe at the moment.
- (5) The pain is the worst imaginable at the moment.

#### Sleeping

- (I) I have no trouble sleeping.
- My sleep is slightly disturbed (less than 1 hour sleepless).
- ② My sleep is mildly disturbed (1-2 hours sleepless).
- (3) My sleep is moderately disturbed (2-3 hours sleepless).
- My sleep is greatly disturbed (3-5 hours sleepless).
- (5-7 hours sleepless).

#### Reading

- 1 can read as much as I want with no neck pain.
- 1 can read as much as I want with slight neck pain.
- ② I can read as much as I want with moderate neck pain.
- (3) I cannot read as much as I want because of moderate neck pain.
- (4) I can hardly read at all because of severe neck pain.
- (5) I cannot read at all because of neck pain.

#### Concentration

- 1 can concentrate fully when I want with no difficulty.
- ① I can concentrate fully when I want with slight difficulty.
- ② I have a fair degree of difficulty concentrating when I want.
- 3 I have a lot of difficulty concentrating when I want.
- I have a great deal of difficulty concentrating when I want.
- (6) I cannot concentrate at all.

#### Work

- 1 can do as much work as I want.
- ① I can only do my usual work but no more.
- i can only do most of my usual work but no more.
- 3 I cannot do my usual work.
- (a) I can hardly do any work at all.
- (5) I cannot do any work at all.

#### Personal Care

- (I) I can look after myself normally without causing extra pain.
- ① I can look after myself normally but it causes extra pain.
- ② It is painful to look after myself and I am slow and careful.
- ③ I need some help but I manage most of my personal care.
- (4) I need help every day in most aspects of self care.
- (5) I do not get dressed, I wash with difficulty and stay in bed.

#### Lifting

- (I) I can lift heavy weights without extra pain.
- ① I can lift heavy weights but it causes extra pain.
- Pain prevents me from lifting heavy weights off the floor, but I can manage if they are conveniently positioned (e.g., on a table).
- ② Pain prevents me from lifting heavy weights off the floor, but I can manage light to medium weights if they are conveniently positioned.
- I can only lift very light weights.
- (5) I cannot lift or carry anything at all.

#### **Driving**

- 1 can drive my car without any neck pain.
- ① I can drive my car as long as I want with slight neck pain.
- ② I can drive my car as long as I want with moderate neck pain.
- 3 I cannot drive my car as long as I want because of moderate neck pain.
- I can hardly drive at all because of severe neck pain.
- (5) I cannot drive my car at all because of neck pain.

#### Recreation

- (1) I am able to engage in all my recreation activities without neck pain.
- 1 am able to engage in all my usual recreation activities with some neck pain.
- I am able to engage in most but not all my usual recreation activities because of neck pain.
- (3) I am only able to engage in a few of my usual recreation activities because of neck pain.
- I can hardly do any recreation activities because of neck pain.
- (5) I cannot do any recreation activities at all.

#### Headaches

- (1) I have no headaches at all.
- ① I have slight headaches which come infrequently.
- ② I have moderate headaches which come infrequently.
- 3 I have moderate headaches which come frequently.
- I have severe headaches which come frequently.
- ⑤ I have headaches almost all the time.

Neck	
Index	[
Score	

Index-Score = [Sum-of-all statements-selected / (# of sections with a statement selected x 5)] x 100

## **Back Index**

Form BI100

· · · · · · · · · · · · · · · · · · ·	rev 3/27/2003

Patient Name	Date
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This questionnaire will give your provider information about how your back condition affects your everyday life. Please answer every section by marking the one statement that applies to you. If two or more statements in one section apply, please mark the one statement that most closely describes your problem.

#### Pain Intensity

- The pain comes and goes and is very mild.
- The pain is mild and does not vary much.
- The pain comes and goes and is moderate.
- 3 The pain is moderate and does not vary much.
- The pain comes and goes and is very severe.
- The pain is very severe and does not vary much.

#### Sleeping

- 1 get no pain in bed.
- ① I get pain in bed but it does not prevent me from sleeping well.
- ② Because of pain my normal sleep is reduced by less than 25%.
- 3 Because of pain my normal sleep is reduced by less than 50%.
- 4 Because of pain my normal sleep is reduced by less than 75%.
- S Pain prevents me from sleeping at all.

#### Sitting

- O I can sit in any chair as long as I like.
- ① I can only sit in my favorite chair as long as I like.
- 2 Pain prevents me from sitting more than 1 hour.
- 3 Pain prevents me from sitting more than 1/2 hour.
- Pain prevents me from sitting more than 10 minutes.
- (5) I avoid sitting because it increases pain immediately.

#### Standing

- ① I can stand as long as I want without pain.
- ① I have some pain while standing but it does not increase with time.
- ② I cannot stand for longer than 1 hour without increasing pain.
- 3 I cannot stand for longer than 1/2 hour without increasing pain.
- (4) I cannot stand for longer than 10 minutes without increasing pain.
- (5) I avoid standing because it increases pain immediately.

#### Walking

- O I have no pain while walking.
- ① I have some pain while walking but it doesn't increase with distance.
- ② I cannot walk more than 1 mile without increasing pain.
- 3 I cannot walk more than 1/2 mile without increasing pain.
- 4 I cannot walk more than 1/4 mile without increasing pain.
- (5) I cannot walk at all without increasing pain.

#### Personal Care

- I do not have to change my way of washing or dressing in order to avoid pain.
- I do not normally change my way of washing or dressing even though it causes some pain.
- 2 Washing and dressing increases the pain but I manage not to change my way of doing it.
- 3 Washing and dressing increases the pain and I find it necessary to change my way of doing it.
- Because of the pain I am unable to do some washing and dressing without help.
- Because of the pain I am unable to do any washing and dressing without help.

#### Lifting

- O I can lift heavy weights without extra pain.
- ① I can lift heavy weights but it causes extra pain.
- 2 Pain prevents me from lifting heavy weights off the floor.
- (3) Pain prevents me from lifting heavy weights off the floor, but I can manage if they are conveniently positioned (e.g., on a table).
- Pain prevents me from lifting heavy weights off the floor, but I can manage light to medium weights if they are conveniently positioned.
- (5) I can only lift very light weights.

#### Traveling

- I get no pain white traveling.
- ① I get some pain while traveling but none of my usual forms of travel make it worse.
- ② I get extra pain while traveling but it does not cause me to seek alternate forms of travel.
- 3 I get extra pain while traveling which causes me to seek alternate forms of travel.
- Pain restricts all forms of travel except that done while lying down.
- ⑤ Pain restricts all forms of travel.

#### Social Life

- My social life is normal and gives me no extra pain.
- ① My social life is normal but increases the degree of pain.
- Pain has no significant affect on my social life apart from limiting my more energetic interests (e.g., dancing, etc).
- 3 Pain has restricted my social life and I do not go out very often.
- Pain has restricted my social life to my home.
- (5) I have hardly any social life because of the pain.

#### Changing degree of pain

- My pain is rapidly getting better.
- My pain fluctuates but overall is definitely getting better.
- My pain seems to be getting better but improvement is slow.
- My pain is neither getting better or worse.
- My pain is gradually worsening.
- My pain is rapidly worsening.

••	
Back	14 Mi.
Index	
Score	

Index Score =	[Sum of all	statements	selected /	(# of	sections with	a statement	selected	x 5)	l x	100

629 Camino de los Mares, Suite 104 ° San Clemente, CA 92673 ° Ph (949) 240-1334 Fax (949) 240-4434

### **GENERAL PAIN INDEX QUESTIONNAIRE**

We would like to know how much your pain *presently* prevents you from doing what you would normally do. Regarding each category, please indicate the *overall* impact your present pain has on your life, not just when the pain is at its worst.

Please *circle the number* which best describes how your typical level of pain affects these six categories of activities.

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COMPLETELY ABLE TO FUNCTION										TOTALLY UNABLE TO FUNCTION
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O COMPLETELY ABLE	_1_	2	3	4	5	6	7	8	9	10
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